

ORENCIA® Subcutaneous SC (abatacept) Injection Procedure Quick Guide

1 Step 1: Get your syringe ready

- Check the expiration date.
- Allow the syringe to rest at room temperature for at least 30 to 60 minutes prior to injection.
- Look at the liquid – it should be clear to pale yellow. Do not inject if the liquid is cloudy, discolored, or has large particles.
- Gather your additional supplies and keep them within easy reach.
- Wash your hands thoroughly with soap and warm water.

2 Step 2: Choose and prepare a section on your body for the injection (injection site)

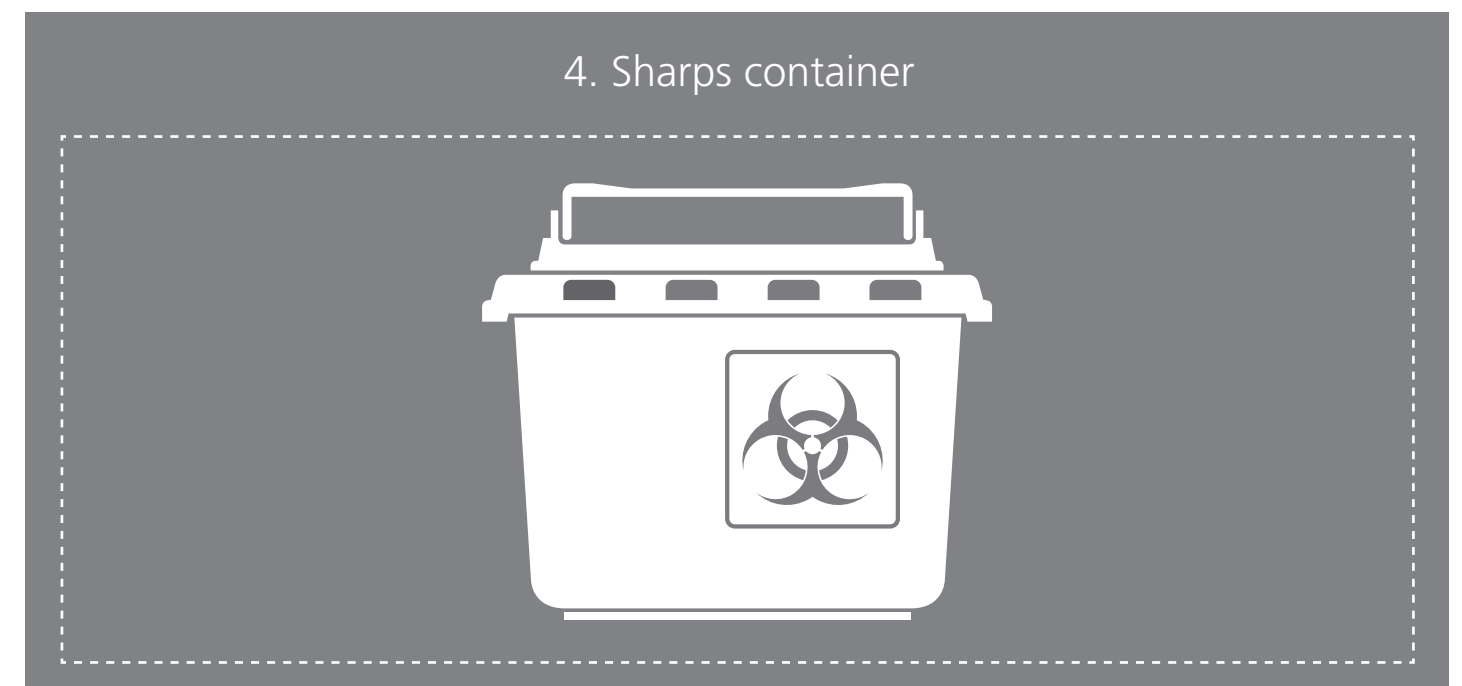
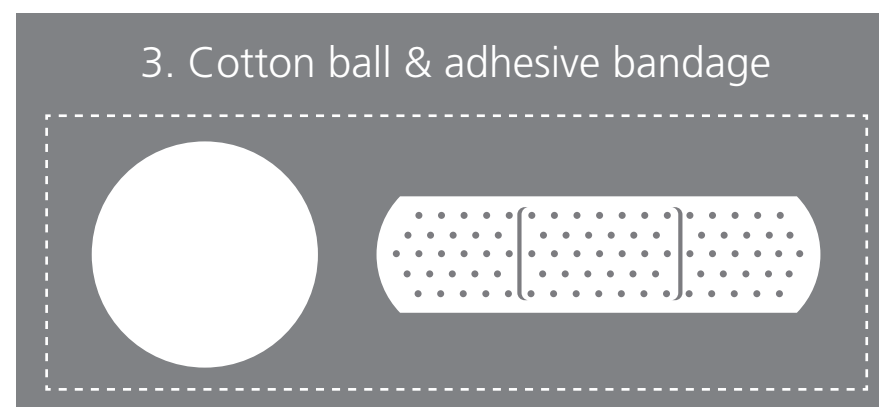
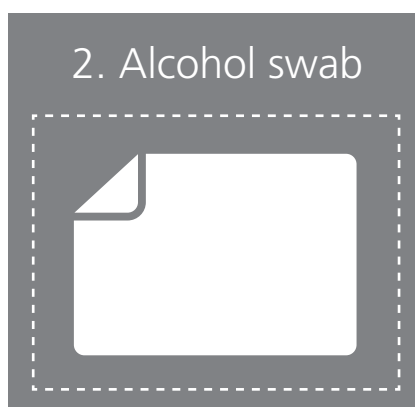
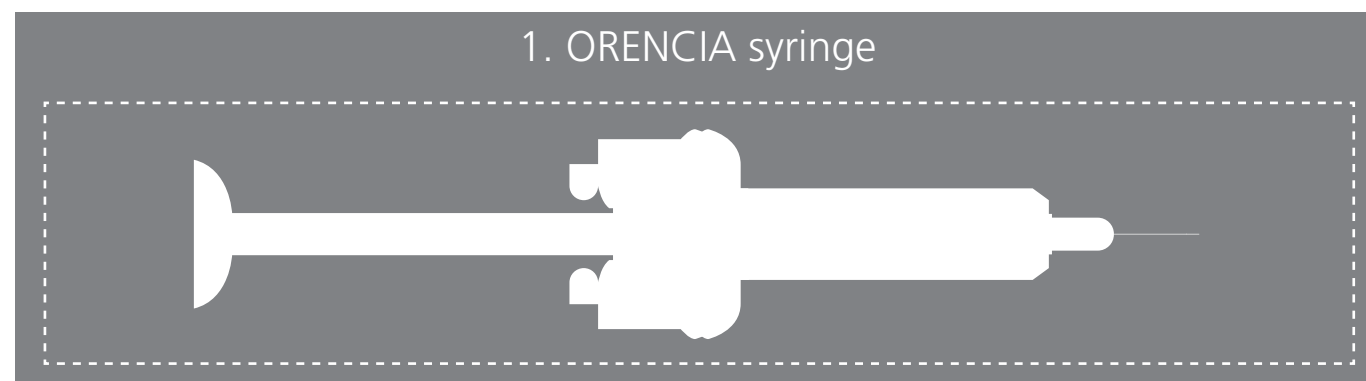
- Choose your injection site: the front of your thigh is a recommended injection area.
- Do not inject into areas where your skin is tender, bruised, red, scaly, or hard. Avoid any areas with scars or stretch marks.
- Wipe your chosen injection site with an alcohol swab in a circular motion.

3 Step 3: Inject ORENCIA

- Remove the needle cover.
- Hold the housing of your prefilled syringe in one hand between the thumb and index finger.
- Use your other hand and gently pinch the area of skin you cleansed and hold it firmly.
- Use a quick, dart-like motion to insert the needle into the pinched skin at a 45° angle.
- Inject all of the medicine. Push the plunger until the plunger head is completely between the needle guard sides.
- Remove the needle from your skin and let go of the surrounding skin.
- Press a cotton ball over the injection site and hold for 10 seconds.
- If needed, you may apply a small adhesive bandage to the injection site.

4 Step 4: Disposal and record keeping

- Dispose of your used syringe in a Sharps container.
- Always keep your Sharps container out of reach of children and animals.
- Record your injection by writing down the date, time and specific part of the body where you injected yourself.



Please refer to the **Administering ORENCIA SC (abatacept): Your Step-by-Step guide** booklet in your Welcome Kit for complete administration instructions.